

Emergency Plans

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People need to plan and prepare for emergency events to reduce risk to themselves, their family and their property.

People need to plan and prepare for emergency events to reduce risk to themselves, their family and their home.

Do you have a plan?

Develop a household emergency plan, which includes:

- where to shelter
- who is responsible for checking essential emergency supplies
- how to turn off gas, water and electricity at the mains
- how to keep contact with each other during an emergency
- how to contact your civil defence organisation for help during an emergency.

Your emergency supplies

If you want to keep your emergency supplies in the house for everyday use, make sure you know where to find them when an emergency occurs. Your emergency supplies should contain:

- food and water – enough for three days
- canned or dried food
- a can opener
- a primus or BBQ on which to cook
- bottled water (three litres per person per day)

- first aid kit and essential medicines
- spare toilet paper and plastic rubbish bags for your emergency toilet or a chemical toilet
- pet supplies
- waterproof torches and spare batteries
- radio and spare batteries
- emergency clothing
- windproof and rainproof clothing
- sun-hats
- blankets or sleeping bags
- strong shoes for outdoors.

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NB: Check and renew the food and water every 12 months. Check the batteries every three months.

First aid kit

You should have a complete first aid kit available in your home.

Are there emergency supplies at your house or school? I wonder when these supplies were last checked.

- [Ready for a quiz?](#) [3]



[3]

Do you have a plan?

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Develop an emergency plan, which includes:

- where to shelter
- who will check your emergency supplies
- how to turn off gas, water and power at the mains
- how to keep contact with each other during an emergency
- how to contact civil defence for help during an emergency.

Your emergency supplies

Your emergency supplies should contain:

- food and water – enough for three days
- canned or dried food
- a can opener
- a primus or BBQ on which to cook
- bottled water (three litres per person per day)

- first aid kit and medicines
- spare toilet paper and plastic rubbish bags for your emergency toilet
- pet food
- waterproof torches and spare batteries
- radio and spare batteries
- emergency clothing
- windproof and rainproof clothing
- sun-hats
- blankets or sleeping bags
- strong shoes for outdoors.

NB: Check and renew the food and water every 12 months. Check the batteries every three months.

Are there emergency supplies at your house or school? I wonder when these supplies were last checked.

- [Ready for a quiz?](#) [3]



[3]

Māori keywords:

Audio Māori keywords:

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- [akoranga - lesson, learning](#) [4]
- [mōrearea - in a crisis, emergency](#) [5]
- [ora - survive](#) [6]
- [hihira - check](#) [7]
- [whakaputunga - supplies](#) [8]
- [whakarite - to prepare](#) [9]

Samoaan keywords:

lesona, a'oa'oga	lesson, learning
ola	survive
siaki	check (as in ensure, check up on)
sapalai	supplies (provisions)

Tongan keywords:

lesoni, ako/'ilo	lesson, learning
kei mo'ui/ hao mei	survive
vakai'i	check (as in ensure, check up on)
ngaahi	supplies
naunau/koloa	(provisions)

Cook Islands Maori keywords:

'āpi'i'anga /	lesson, learning
ora /	survive
mātakitaki / ātoro	check (as in ensure, check up on)
momoeō	supplies (provisions)

Niuean keywords:

lesona/ tau fakaakoaga	lesson, learning
moui	survive
fakakia/ leveki	check (as in ensure, check up on)
Tau koloa toka ke lata moe tau aho matematekelea./ koloa	supplies (provisions)

Organise your own emergency plan and supplies.

Organise your own emergency plan and supplies.

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[10]

Would you know what to do in an emergency? Make sure you have a plan and are prepared. Image: LEARNZ.



[11]

Use a checklist to make sure you have all that you need for your emergency supplies. Image: Civil Defence.



[12]

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Do you know where the emergency supplies are at your place? Image: Civil Defence.



[13]

Make sure you have a complete first aid kit available in your home. Image: St John.

Source URL: <http://learnz.org.nz/node/1578>

Links

- [1] http://learnz.org.nz/sites/learnz.org.nz/files/std-emergency-plans_0.mp3?uuid=5f2a93dc781de
- [2] http://learnz.org.nz/sites/learnz.org.nz/files/easy-emergency-plans_0.mp3?uuid=5f2a93dc77b27
- [3] <http://activities.learnz.org.nz/wp164/wp164-a02-emergency-plans/quiz.html>
- [4] http://learnz.org.nz/sites/learnz.org.nz/files/akoranga_0.mp3?uuid=5f2a93dc7832e
- [5] http://learnz.org.nz/sites/learnz.org.nz/files/morearea_0_1.mp3?uuid=5f2a93dc78430
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- [10] http://learnz.org.nz/sites/learnz.org.nz/files/bg-emergency-plans-01_0.jpg
- [11] http://learnz.org.nz/sites/learnz.org.nz/files/bg-emergency-plans-02_0.jpg
- [12] http://learnz.org.nz/sites/learnz.org.nz/files/bg-emergency-plans-03_0_0.jpg
- [13] http://learnz.org.nz/sites/learnz.org.nz/files/bg-emergency-plans-04_0.jpg